



UNIVERSITY OF MILANO-BICOCCA (ITALY)

Training for Trainers

Milan, 18–22 May 2026

Mainstreaming Lifelong Learning within INVEST Universities

Pilot Training for Trainers Programme (WP5, Task 5.3 – Lifelong Learning)

European University Alliances aim to transform higher education through innovation, inclusion, and cooperation. Lifelong Learning (LLL) supports this by promoting flexible, inclusive, and skills-oriented learning pathways aligned with societal, digital, and green transitions.

Within the INVEST Alliance, strengthening institutional capacity is key. Faculty and administrative staff collaborate to design and support LLL initiatives, including micro-credentials, flexible curricula, and recognition of prior learning, contributing to INVEST's strategic goals.

Location: Rectorate, Sala Rodolfi, building U6 AGORA, floor IV, University of Milano-Bicocca

Overall objectives

To build shared knowledge, methodologies, and skills to strengthen the institutional capacity for Lifelong Learning across the INVEST Alliance

Pedagogical Structure of the training

Morning (Plenary – hybrid): Keynote presentations and moderated discussion

Late Morning (Parallel workshops): Hands-on, practice-oriented sessions

Afternoon (Co-design labs): 4 groups (faculty + admin), co-designing pilot LLL course (4 modules, 64 hours, 8 CFU)

End-of-day wrap-up: Reflection, feedback, adjustments if needed



The Competitive University for a Sustainable Society



UNIVERSIDAD DE CORDOBA

Programme

Day 1 – 18th May ([Rectorate, Aula Riccardo Massa, U6 Building, floor IV, University of Milano-Bicocca](#)).

([entrance from via Piero e Alberto Pirelli 22 or Piazza dell'Ateneo nuovo 1, Milan](#)).

Arrival and Shared Framework

15.00 – 17:00 **Welcome, INVEST Local Coordinator, Gabriella Pasi**

Introduction of participants and ice-breaking

Lifelong Learning in European Higher Education, Task Leader, **Laura Formenti**

- Policy context, European frameworks, and INVEST strategy
- Role of faculty and administrative staff in embedding LLL
- Lessons learnt in preparing the Deliverable 5.4 “Defining the framework conditions within which the INVEST Partners develop and implement a lifelong learning strategy”

17.00–17.30 **“Meet your group”** – discussion & planning of tasks for co-design labs

17:30 – 18:30 **Welcome Aperitivo**

Day 2 – 19th May ([Rectorate, Sala Rodolfi, U6 Building, floor IV, University of Milano-Bicocca](#))

Curriculum Design & Adult Pedagogy

Main focus: Integrating LLL into teaching and curricula

9:00 – 9:30 **Institutional Greetings:**

Marco Emilio Orlandi, Rector UNIMIB

Dora Maria Longoni, Head of Education, Student Services & International Development

9.30 – 10.30 **Plenary Session: LLL in Teaching and Curriculum Design**

- How to ensure lifelong learning perspectives for disadvantaged students into curriculum – *Andreas Lazarov, UARD*
- Adult pedagogy and learner-centered curriculum models – *Konstantinos Ninikas, UTH*
- Overview of Bachelor Degree in Sustainable Energy – *Andrea Zanchi, UNIMIB*

10:30 – 11:00 **Coffee break**

11:00 – 13:00 **Parallel workshops**

Workshop A: Adult learners and inclusive teaching methods

- Experiential, reflective, and practice-based learning
- Inclusive approaches for working adults, older learners, and international participants
- Facilitator: *Andrea Mangiatordi, UNIMIB*

Workshop B: Designing LLL programmes and flexible pathways

- Modularisation, part-time options, hybrid delivery
- Facilitator: *Andreas Lazarov, UARD*

13:00 – 14:00 **Lunch Break**

14:00 – 16:00 **Co-design labs**

Task 1. Designing an adult-centered course module, relevant contents & learning outcomes.
(Groups A & B Aula Rodolfi; Group C Aula Polivalente; Group D Aula Riunioni)

16.00–17.00 **Wrap up** (Aula Rodolfi)

Day 3 – 20th May ([Rectorate, Sala Rodolfi, U6 Building, floor IV, University of Milano-Bicocca](#))

Competence-Based Approaches and Recognition of Prior Learning (RPL)

Main focus: Competences, assessment, and validation of learning

9:00 – 10:30 **Plenary Session: Competence-Based Education and RPL**

- Introduction to RUIAP (Italian University Network for Lifelong Learning) – *Fausta Scardigno, University of Bari, President RUIAP*
- Tools and approaches for validating prior learning – *Nadia Nassoh, URCA*
- Competence-based assessment methods – *Konstantinos Kokkinos, UTH*

10:30 – 11:00 **Coffee break**

11:00 – 13:00 **Parallel Workshops**

Workshop A (Aula Polivalente): Designing competence-based learning outcomes assessments (mainstreaming LLL in designing micro-credentials) – *Maurizio Casiraghi, UNIMIB*

Workshop B (Aula Seminari): LLL through development of strategic and transversal skills: sharing practices at the Centre for Lifelong Learning of the University of Bari – *Antonella Scalera, UNIBA*

13:00 – 14:00 **Lunch Break**

14:00 – 16:00 **Co-design labs**

Task 2. Competence-based didactics & recognition of prior learning for the module
(Groups A & B Aula Rodolfi; Group C Aula Polivalente; Group D Aula Riunioni)

Day 4 – 21st May ([Rectorate, Sala Rodolfi, U6 Building, floor IV, University of Milano-Bicocca](#))

Key Competences for Lifelong Learning

Main focus: Digital, transversal, and reflective competences

9:00 – 10:30 **Plenary Session: Core Competences for LLL**

- LifeComp framework – *Barbara Belanova, SUA*
- Employability and reflexivity – *Andrea Galimberti, UNIMIB*
- Engaging external stakeholders in Lifelong learning – *Päivi Malinen, Karelia*
- Continuing education – *Mervi Lätti, Karelia*

10:30 – 11:00 **Coffee break**

11:00 – 13:00 **Parallel Workshops**

Workshop A (Aula Polivalente): Digital tools for adult learners – *Andrea Mangiatordi, UNIMIB*

Workshop B (Aula Seminari): Supporting transversal competences & reflective learning – *Sanna Kasurinen, Karelia*

13:00 – 14:00 **Lunch Break**

14.00 – 16.00 **Co-design labs**

Task 3 Embedding transversal competences into course modules (Groups A & B Aula Rodolfi; Group C Aula Polivalente; Group D Aula Riunioni)

16.30 – 17.30 **Wrap up** (Aula Rodolfi)

19.00 **Social Dinner Restaurant Sottosopra**, Piazza Trivulziana, <https://www.ristorantesottosopra.it>

Day 5 – 22nd May ([Rectorate, Sala Rodolfi, U6 Building, floor IV, University of Milano-Bicocca](#))

Faculty & Administrative staff Roles, Services & Co-Design Outcomes

Main focus: Collaboration, services, and sustainability

9:00 – 10:30 **Round table**

Institutional framework – staff roles, services, policies, quality assessment

- o Faculty vs administrative roles
- o Learner support services (advising, recognition, mobility)
- o Quality assurance and stakeholder engagement

Speakers: *Mara Bonaldo, Elisa Donnarumma, UNIMIB; Sanna Kasurinen, Karelia; Konstantinos Ninikas, UTH; Maria Otsetarova, Dylan Plachkov, UARD; Katarina Zivanovic, SUA; Gisell Burgos, Hélène Goeury, URCA*

10:30 – 11:00 **Coffee break**

11:00–13:00 **Co-designed 4 modules** – Group presentations – peer feedback and discussion

13:00 – 13:30 **Evaluation, final reflection, and closure**

13:30 **Lunch Break**

How to reach us

By Metro (Subway):

- M5 (Lilac Line): Get off at Bicocca, Ponale, or Ca' Granda stations – all within walking distance from the university. You can connect to the M5 from other lines:
 - M1 at Zara or Lotto
 - M2 at Garibaldi FS
 - M3 at Zara via short tram/bus connections

By Train:

- Stop at Greco Pirelli station – located directly on the university campus. Served by regional trains.

By Bus:

- Bus 87 (from Centrale FS or Sondrio M3)
- Bus 52, Bus 81, Bus 728

By Tram:

- Tram 7: connects Precotto M1 to Zara M3/M5, stops at Bicocca.
- Tram 31: connects with Cinisello Balsamo and M5.

***participants are encouraged to prioritize green transportation options**